
What I Am Doing Tonight: Friday



Name: Debbie Papadakis

Hometown: Toronto

Age: 54

Profession: Master hypnotist

Plans for the night: "I will be doing a workshop called Journey into the Subconscious to celebrate World Hypnotism Day at the Latvian Centre. Hypnosis is a medically-recognized and practiced approach to treating issues such as addictions, weight loss and sleep issues. I will hypnotize a volunteer and then the whole audience to show that through hypnosis we can tap into a hidden power and dispel fears and limiting beliefs, heal our mind and body and make positive and lasting changes in our lives."

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